

Newstrike Resources Ltd. Announces Grant of Options

Toronto, Ontario – November 30, 2009. Newstrike Resources Ltd. (TSX-V:NR) (the “Company”) announces that a total of 880,000 options to purchase common shares of the Company are being granted to directors, officers and consultants at an exercise price of \$0.55 per share, expiring on November 27, 2014. The grant is subject to regulatory approval.

For additional information, please contact:

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