

# **NEWSTRIKE RESOURCES LTD.**

Trading Symbols: TSXV-NR and NR.W

Toronto, August 22, 2005

## **Newstrike Announces Grant of Options**

Newstrike Resources Ltd. (“the Company”) announces that options to purchase an aggregate of 650,000 common shares of the Company have been granted to certain directors and officers of the Company. The options are exercisable at \$0.47, being the ten-day weighted average closing price of the common shares of the Company since the commencement of the first day of trading of the common shares on the TSX Venture Exchange. The options are exercisable until August 3, 2007.

For additional information:

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**The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this news release.**